



## MEMORY LOSS SUPPORT GROUPS (FOR THOSE CARING FOR AND/OR EXPERIENCING MEMORY LOSS)

### Caregiver Support Group (Caregiver Only)

#### BELLINGHAM

Second Thursday of each month

1:30pm to 3:00pm – Grace Church  
1815 Cornwall Avenue, Bellingham, WA

#### BELLINGHAM

Fourth Thursday of each month

12:00pm to 2:00pm – The Bellingham at Orchard  
848 W. Orchard Drive, Bellingham, WA

#### BELLINGHAM

Second Wednesday of each month  
(Adult children caring for a parent)

6:00pm to 7:30pm – First Congregational Church  
2401 Cornwall Avenue, Bellingham, WA  
Contact: Julie Johnson

#### BLAINE

First Tuesday of the month

1:30pm to 3:00pm – Blaine Senior Center  
763 G Street, Blaine, WA

#### LYNDEN

First Tuesday of the month

10:00am to 12:00pm – Lynden Manor  
905 Aaron Drive, Lynden, WA

### Care Partner Support Group (Care partner and person experiencing early memory loss)

#### BELLINGHAM

First and Third Thursday of the month

1:00pm to 3:00pm – First Congregational Church  
2401 Cornwall Avenue, Bellingham, WA

#### LYNDEN

Every Monday

11:00am to 1:00pm – Lynden Manor  
905 Aaron Drive, Lynden, WA

### Staying Connected (For those persons experiencing early memory loss) Class size is limited. Cost: \$15.00 per group

#### BELLINGHAM

Every Wednesday

11:00am to 2:00pm – ASW Office  
1301 Fraser St., Suite A-1, Bellingham, WA

#### Round Table

#### BELLINGHAM

Every Monday  
(COST \$10.00)

11:00am to 1:00pm – ASW Office  
1301 Fraser St., Suite A-1, Bellingham, WA

#### Social Group

#### BELLINGHAM

Every Tuesday  
(COST \$10.00)

11:00am to 1:00pm – ASW Office  
1301 Fraser St., Suite A-1, Bellingham, WA